Using arts and culture to support students learning and resilience
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Aim - To explore the role of art and culture in supporting student nurses to develop resilience and professional sense of self in order to participate in a profession recognised as challenging. Nurses must be self-aware and able to think critically in order to understand information, prioritise actions and exercise professional judgement. They also need to demonstrate compassion and cultural competence and they must also be resilient, a new module has been designed with input from stakeholders including museums and galleries (British Museum, V&A, and the National Gallery) to provide an opportunity for student nurses to develop applied skills through active enquiry and reflection on their personal and professional identities. We hope to use art and culture to support student nurses to explore the human condition and develop the knowledge and skills to be active citizens.

The student nurses engaging with this programme are Londoners (73.8%) and from black and minority ethnic groups (66%). Most attended state schools or colleges (98.3%) and are mature students (48%) with comparatively low / nontariff entry qualifications, when they qualify most will go onto work locally as Adult, Child or Mental Health Nurses.

Intended learning outcomes
• Attendees will have clarity around the regarding the rationale for the project and some of the thorny questions that arise around skills-based courses, social engineering and cultural imperialism.
• Attendees will gain insight into the practicalities of co-producing learning in this way.
• Attendees will receive evidence-based suggestions for good practice in this area from our own research.

References: